



SUNFLOWER *Competition*



TELEPHONE: **0300 555 0128**

WHATSAPP: **07500 065 270** EMAIL: **info@s4bmanchester.co.uk**



The S4B sunflower growing competition is open to all tenants and residents in Brunswick. No age limit!

1. Get your free seeds from the S4B housing office
2. Plant your seeds in a pot with holes in the bottom for drainage
3. Water well and watch them grow!

Take pictures of your sunflowers and send them in to us. Prizes to be won for the tallest sunflowers and we'll feature the best ones in the newsletter.

Closing date for entries is 31st August 2025. and judging will follow. Happy growing!



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