



ISSUE 26 - Summer 2020

Brunswick

NEIGHBOURHOOD NEWS



Routine repairs service re-introduced

We hope that you, your family and your friends are safe and well. These continue to be unprecedented times and this is having a massive impact on everyone's lives.

We're here to help you through this difficult period. We are available when you need us and will do everything we can, especially to help those who are more vulnerable at this time.

S4B reduced the repair service on 26 March 2020 to emergency repairs only to comply with Government guidance in response to the coronavirus pandemic.

On 18 May, the Government issued a letter saying we can now re-introduce routine repairs to the service which started on **1 June**.

There is a backlog of jobs, so please bear with us while we work through them. It will take some time so your patience and understanding is appreciated.

Report any repairs by email to **info@s4bmanchester.co.uk**, or if you don't have access to email or for any emergencies T: **0300 555 0128** (24-hours).



If you have no income, there is advice on how to claim Universal Credit at www.understandinguniversalcredit.gov.uk/coronavirus/

Manchester City Council (MCC) have lots of information and support on their website for people who are in financial difficulties as a result of the Coronavirus. Check their Benefits and Money page.

MCC are providing £10 p/week per school age child to help with lunches for those in receipt of free school meals or those experiencing financial hardship as a result of coronavirus. Full details on the Manchester City Council website.

Utility Companies support if you are Self Isolating

Energy customers in financial distress will be supported by their supplier, which could include debt repayments and bill payments being reassessed, reduced or paused where necessary, while disconnection of credit meters will be completely suspended.

Contact your supplier if you have a prepay meter. Tell them your self-isolating and they will send you out two weeks' worth of gas / electricity or if you have a smart meter, they will top it up.

Self Employed

The Government are releasing details of a scheme to support some Self-Employed people via HMRC. This will be in line with measures already announced to support employees.

Please check the Gov.uk website for the latest information on this.



Ear for you

Covid-19 Support line for BAME communities. A Greater Manchester wide service.

07862 279289 / 07894 126157.

You can also text the word **'HELP'** and someone will get back to you. Open seven days a week from 10am-6pm

**www.nestac.org.uk
info@nestac.org.uk**

BAME

A third of Covid-19 patients are from Black and Asian Minority Ethnic population

Who can call

People from BAME communities who are:

- Recovering from COVID-19 or are self-isolating.
- Relatives and friends of clients suffering from COVID-19.
- Bereaved relatives and friends of a deceased COVID-19 person.
- BAME women and young girls who are victims of abuse and violence.



What if I have a repair and I, or someone living in my household, is self-isolating with coronavirus symptoms?

We will aim to carry out the repair if possible. However, please follow a few simple steps to help keep everyone safe:

- Remain at least two metres away from any worker, or ideally in another room, with the door closed.
- Windows and doors should be opened to ventilate the area.
- Wipe down door handles and surfaces before the operative comes into your home.

The operative will wear the appropriate personal protective equipment (PPE) before and after the visit.

They will remove any used materials from your home. If you are unable to follow social distancing instruction, our operative will be required to remove themselves from the property.



Post Lockdown Survey coming soon.

S4B would like residents' opinions on the lockdown, your experiences of the impact of the COVID-19 pandemic and how you think it has impacted the community.

What services have you have accessed and are there any areas where more help is needed?

S4B wants to understand what digital services people use or who is isolated from the digital world.

If you would like to be involved in helping to shape the survey questions, please get in touch with S4B.

Email info@s4bmanchester.co.uk or telephone **0300 555 0128** to be part of the review panel.

The pest control service is back - initially only offering the service for issues with rats, mice, squirrels and wasps.

Please email pest.control@manchester.gov.uk or if you do not have access to email you may contact S4B on **0300 555 0128** for a referral until the service is fully up and running again. The Manchester City Council remains closed the time being

Know your Councillors



Tina Hewitson - Tel: 0161 237 1805.
cllr.t.hewitson@manchester.gov.uk



Bernard Priest - Tel: 0161 740 8407.
cllr.b.priest@manchester.gov.uk



Amna Abdullatif - Tel: 07971 384 539.
cllr.amna.abdullatif@manchester.gov.uk

Extra Care Scheme UPDATE



Work on the extra care scheme was halted due to the outbreak of coronavirus. Contractors are now allowed back on site and development work recommenced.

Work was due to be finished this autumn but due to the shut down the completion date will be delayed. We are anticipating work will now be complete by the end of the year/early 2021 We will update you again when we know more.

Nominations are in to name the new extra care scheme being built on Brunswick Street and it's now time to cast your vote!

Please choose:

1. The main name from this selection:

Dunkirk ☐
Lloyd George ☐
Medlock ☐
Silvia Pankhurst ☐
Prospect ☐
Brunswick ☐
Mawson ☐
Other (please specify)..... ☐

Along with:

2. The preferred ending to the name:

Gardens ☐
Apartments ☐
House ☐
Village ☐
Other (please specify)..... ☐

Cut out this slip, put in an envelope and place in the S4B mailbox on the side of the housing office while the office remains closed to the public. You can also vote online www.surveymonkey.co.uk/r/S4Bnamechoice. Closing date for entries is Friday 31 July 2020.

Name:.....

Email:.....

Address:.....

Tel number:



Work Update - New Homes for Sale

We would like to thank you for your ongoing patience whilst we complete the construction of new build homes for sale across the Brunswick neighbourhood. Due to the COVID-19 pandemic, it unfortunately became necessary to close our construction sites for a temporary period of 4 weeks.

We have now reopened but with a reduced work force and additional implementations in place to ensure safety of the sites.

Work is currently ongoing across a number of areas located in and around the Wadeson Road, Arley Moss Road, Daleford Road and Balsam Close areas.

Changing work practices including reduced workforce, social distancing measures and supplier issues unfortunately does mean that we have experienced some delays however, work is progressing well and we are currently aiming to complete construction in this area of the neighbourhood in stages from summer onwards.

At the end of 2020 we anticipate that all construction activity will move to sites located in and around the Oregon Close area and the other side of the neighbourhood.

Health and wellbeing

With working from home or just having to stay at home suddenly the new norm, it may not be immediately obvious how much this will impact on your usual activity levels.

You may sit down for most of the day in an office, but you are still moving around and being active even if it's in a more minor way than an avid goer.

Walking over to talk to a colleague, to go and pick up lunch, active parts of your commute, all of this unintentional exercise could suddenly be reduced to walking from your sofa to the fridge and back again.

There are plenty of opportunities to stay active during isolation - it's a great time to find creative ways to keep your fitness up. And not only your physical fitness but your mind matter too.

Yoga - good for the mind, body and soul.

Hebe is creating short videos to replace the usual Yoga class at Brunswick Church. Hebe plans to release one video each Tuesday at 10:00am via YouTube so why not take a look and give it try.

Search on Youtube using Shanthi Yoga Manchester.

The aim of these 'Chair Yoga Routines' is to offer some time to move your body, introduce some relaxation techniques and keep a sense of routine, normality and a space to stretch the body and calm the mind in this uncertain time.

Every mind matters

Taking care of your mind, as well as your body, is really important while spending more time at home due to coronavirus (COVID-19).

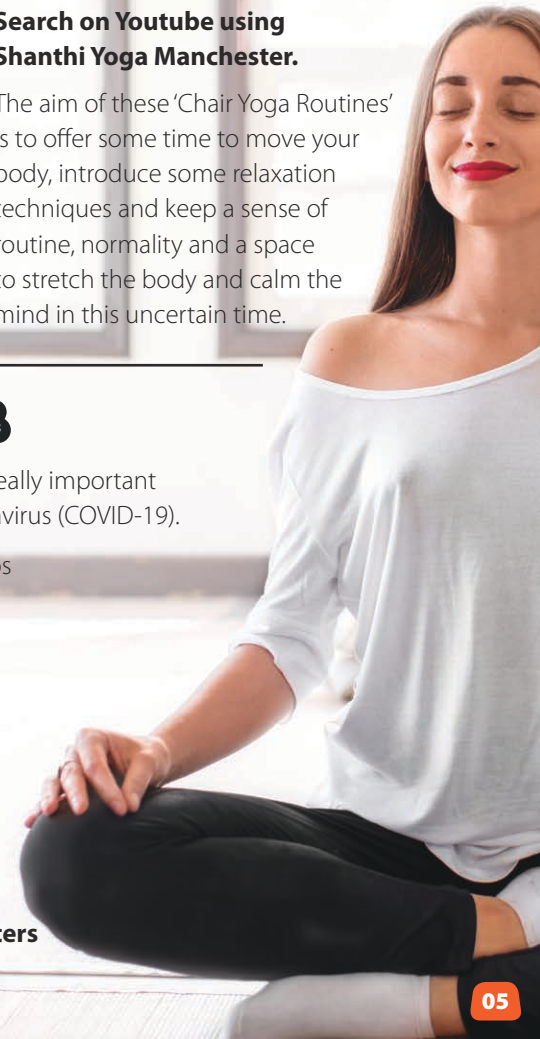
Every Mind Matters has put together 12 simple tips to help you keep on top of your mental wellbeing and cope with how you may feel while staying at home.

Everything from Find out about your employment and benefits rights and planning practical things to talking about any worries, looking after your body and taking time to relax. Why not take a look, there's something there for everyone:

Search www.nhs.uk/oneyou/every-mind-matters coronavirus staying at home tips.

every mind
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matters





VE DAY SPECIAL

On 8th May 2020, countries in Europe celebrated the 75th anniversary of VE Day and commemorate the end of World War II.

With things being very different at the moment and the usual festivities could not go ahead, S4B scheme manager at Elizabeth Yarwood Court in Brunswick, Donna Shaw, came up with the wonderful idea of making up ration style goodie bags for older residents in the neighbourhood.

In true 'knock-a-door run' style to keep in line with social distancing rules, Donna delivered goodie bags to sixteen areas of Brunswick.

The bags were filled with little cakes, biscuits, dried noodles or rice, sandwich paste, a notebook to replicate a ration book and an S4B pen and cup.

Donna said: "I would normally have arranged a special party with all the trimmings to celebrate in style, but unfortunately with the way things are this just was not possible but felt I needed to do something.

I arranged ration bags for the residents at Elizabeth Yarwood Court and my grandson picked names out of a hat for other older residents in the neighbourhood to receive the rest.

I just hope they enjoyed them and lightened the mood of what we are all going through right now and a reminder of their experience of the end of WW2.

Resident Julie (pictured) said: "This was a lovely gesture and really can't thank Donna enough for putting a smile on my face, especially as I am missing my husband. I can't visit him right now due to the virus and used to see him everyday in the care home - this was such a wonderful thing to do and a lovely surprise, thank you Donna".



Joan's story, life during the war...

Resident Joan Gorst, 91, was just ten years old when war broke out on 3 September 1939.

With one brother in the Army and the other in the Navy, Joan was at home with her mother while her father went out to work the 'horse and lorry'.

Joan was home with her mother until the age of fourteen when she went to work in the factories as a helper making gun belts.

The men did the weaving, making the belts as they were far too heavy for a young girl to lift.

Joan said: "You didn't go too far from home if you had any sense because the air raid sirens could go off at any time.

Nowadays we put the clocks back an hour, but during the war it was two hours to help the farmers with daylight so they could carry on working.

There were no street lights or lights on buses and trams. The guards had a little torch on their tunic so they could see your money and ticket. It was always worrying if you saw Police or Soldiers on your street in case they were coming with sad news of lost loved ones.



Kiddies under five had nothing for them on the ration books, but the over fives had a green ration book, the under 12's a blue ration book and the over 12's a beige ration book. We were allowed just 2oz of tea, 1oz of sugar and 3oz of sweets per week and if we were very lucky we got an egg each week and you got 20 clothing coupons to last a year - rationing continued until 1951.

Beer houses as they were known back then, were just open as and when they had the supply and were often closed."

Joan continued to work in the mill until 1953 moving onto 'small wear' stitching things such as tapes for curtains, when she stayed home to look after her Dad and her husband after her mother sadly passed away.

She has lived at Elizabeth Yarwood Court for the past 21 years and will be moving to the new development later in the year.

Sadly there are no photographs from the war as they weren't allowed to take them, but I'm sure you'll agree Joan's story is just as interesting without them.



S4B is working in partnership with Standguide who have developed a range of online learning courses just for you.

Standguide - Time to Learn tailors to your needs and goals, including improving your language skills or employability.

Current training opportunities include, transport training academy, level 2 warehouse and storage and construction/CSCS course

For more information contact Standguide on **0161 881 4826** (option 5) or visit the website **www.standguide.co.uk/timetolearn**

Information is also published on the S4B website under the coronavirus information for customers section - jobs and training opportunities.



The Ardwick and Longsight Mutual Aid group is a local community emergency response to the COVID-19 pandemic offering food support and are here to help.

Local helpline: **07930 261 920**

Helpline: **0800 234 6123**

If you would like to volunteer for the group, contact -

Yasmin.Holgeth@gmmh.nhs.uk

or telephone **07425 536 823**.



Sponsored by 422Manchester.org

Please tell us if you are anyone you know is being abused or neglected, anytime, but especially at this difficult time.

If you are in immediate danger, phone **999**, or get someone else to phone, and state whether you need the police, ambulance or fire service.

If the situation is not an emergency, but you still need the police, call **101**. You can also telephone the National Domestic Violence Helpline on **0808 2000 247** (24-hours).

Or please get in touch with us and we can help direct you to the right place.

T: **0300 555 0128** - this will be in strictest of confidence and we are here to help you any time. Please do not suffer in silence.



TENANT SATISFACTION SURVEY

Here are some results of this year's satisfaction survey. The full report can be found on the S4B website.

Satisfaction for services provided by S4B.



86.3%

Target 83%

Satisfaction of Overall Quality of Home.



84.81%

Last Year 81.26%

Satisfaction for opportunities available for resident involvement in Brunswick.



91.3%

Target 70%

How informed are you about regeneration work.



74.48%

Last Year 67.75%

Satisfaction with caretaking services (for those who receive it).



61.83%

Last Year 40.3%

Residents satisfied that their rent provides value for money.



73.24%

Last Year 73.14%

We asked residents if they were online or not and if they were, to provide us with an up-to-date email address. This showed that 68.18% are online compared to 66.04% of residents online last year.

If you would like help getting online, please get in touch T: 0300 555 0128.

Brunswick church update

Due to the coronavirus pandemic, all Positive Steps activities at the church are suspended until further notice.

Until they can get going again, there's lots of online keep-fit and other well-being related activities available.



Positive pages - online bookclub



- 1 They choose a book that we would like to read and share together.
- 2 Everyone is provided with a copy of the book (print or e-book or audio book).
- 3 Each week we read 1 or 2 chapters and then come together online for a discussion.

Interested? Contact Mo Blue.



A free takeaway hot meal available to all, every day Monday to Friday, admitted one at a time through the doors via the Brunswick Church car park 1:00-2:00pm

RJC DANCE WHERE UR

is offering free online classes four days a week from 11:00am-12:00pm Watch live on Facebook or view anytime on YouTube

- Monday: RJC Dance Mash Up. For anyone who wants to get fitter and have fun doing so.
- Wednesday: Boxercise. An energetic work out to keep you fit even at home.
- Thursday: Socacise. Bringing the Caribbean right to your living room.
- Saturday: RJC Dance Mash Up. A mix of styles to get you moving and make you smile.



Community Resource Manager, Mo Blue is available from 10:00am-2:00pm Mon - Thurs to offer help and support on any of the above and more.

T: **07973 895 284** or E: **mo@brunswickchurch.org.uk**

The new orchard at the heart of the neighbourhood in Brunswick has been planted opposite the allotment

S4B would like to invite children from across Brunswick to design a sign or picture to go onto the sign to welcome people to the orchard green space. Please send in your designs to **info@s4bmanchester.co.uk** or drop into the post box at the S4B office.

The picture needs to be A4 and with S4B before the end of July.

The winning design will be chosen by a panel and will be made into a sign on the orchard.

Design A Sign COMPETITION

Lockdown fun stuff

Taking time out is really important for both you and your child. Make sure you have regular breaks for playing, relaxing and exercising. Remember, everyday life, fun, playing and talking are important for learning too.

With lockdown not yet officially over and some restrictions are still in place, here are some ideas to relieve any boredom and make being at home more fun:

- Origami and finger painting
- Bake a cake
- Play board games
- Help wash the car
- Go for a bike ride or a walk
- Play hopscotch or skipping games
- FaceTime with family and friends

For more fun ideas and support, visit the S4B website and search under Community - coronavirus information for customers.

PLANT AND GROW AT HOME

Planting seeds and growing plants can be good for your wellbeing.

- helps to relieve stress and anxiety
- is relaxing and helps you find a sense of peace helps to clarify and organise thoughts
- helps achieve calmness and mindfulness
- you can learn a new skill

If you would like to grow your own seeds at home, then...

- Contact **info@comallsoc.co.uk** or text **07587 672937** with your name, address and contact details.
- **Chorlton-on-Medlock Allotment Society (COMAS)** will get in touch about delivering your seeds to you safely.
- You then plant your seeds at home, look after them, and watch them grow!
- Take photos, make drawings and send them in and COMAS will share them on Facebook.

FREE VEG SEEDS AND COMPOST FOR BRUNSWICK RESIDENTS DURING COVID-19



Through a Manchester Window

Manchester Cultural Education Partnership

All around the world, people are stuck indoors and sharing the view from their windows.

Show us the view from your window in Manchester — real or imagined, in any art form!



Send your creations to **info@creativeeducationmcr.com** or **@creativeedmc** and we'll share them with the world on our website: **creativeeducationmcr.com**





Most people are at home at the moment, day and night. Tolerance is low and anxiety is up at this difficult time, so whether you're indoors or in your garden please think of your neighbours before turning your music up!

If you are having problems with noise nuisance, download the Noise App to your iPhone or Android handset.

Then simply create your account and select ONWARD.

To report noise nuisance tap the icon, make a 30-second recording of the noise, complete the form and press submit.



22.05.2017

In memory of those tragically killed or injured.

Always in our hearts - never forgotten.



Arabic	للحصول على هذه المعلومات بلغتك الرجاء الاتصال برقم الهاتف 0300 555 0128
Bangla	এই তথ্যটি আপনার ভাষায় পেতে চাইলে দয়া করে টেলিফোন করুন 0300 555 0128 এই নম্বরে।
Chinese	如欲索取這資訊以閣下語言編制的副本請致電 0300 555 0128
French	Pour recevoir ces informations dans votre langue prière d'appeler le 0300 555 0128
Somali	Si aad u hesho macluumaadkaani oo luqaddaada ku qoran fadlan wax 0300 555 0128
Turkish	Bu bilgiyi kendi dilinizde almak için lütfen 0300 555 0128 numarayı arayınız.
Urdu	یہ معلومات اپنی زبان میں حاصل کرنے کیلئے براہ مہربانی 0300 555 0128 پر فون کیجئے۔

S4B Housing Office (Currently closed)
15 Brunswick Street Manchester M13 9SU
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W: s4bmanchester.co.uk

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