



Brunswick

NEIGHBOURHOOD NEWS



ISSUE 23 - Autumn 2019



New Polygon Street Shops Now Open

The Polygon Street shops new building was completed this time last year, but it has taken twelve months for all the new local shops and services to move in.

Now, however there are local shops, a new café and new restaurant for residents and visitors to Brunswick.

On Polygon Street there is now ARMR Store, GB store - Go Local extra, Waynes Coffee and House of Beijing.

The S4B Housing Office is also located just around the corner on Brunswick Street creating a real hub of shops and services with the doctors and chemist just across the road.

See more on page 4.



SALLY'S STORE

Open from 4th September 2019,
and then every
Wednesday 12-3pm.

71 Grosvenor Street,
Manchester M13 9UB.

**FREE
MEMBERSHIP**
Take home your
essential items
weekly for
just £2

Benefits:
Reduced Prices
Household
Essentials
Volunteering
Opportunities



Lighthouse Cafe

Hot & Cold Food & Drink

Breakfast served from 9.30 to 11.30

Lunch served from 11.30 to 2pm

African Special dish
every Thursday

Cappuccino • Latte • Americano • Herbal Tea • Hot Chocolate



CAFE DOWNSTAIRS
Open Monday to Thursday
from 9.30am to 2.00pm

71 Grosvenor Street, Manchester M13 9UB.

New Polygon Shops

ARMR Store

2 Polygon St

ARMR is a health product store and community space perfect for health conscious individual who is happy to invest in their own wellbeing. We are also the ideal point for you to start your journey to discovering healthy alternatives, plant based foods and fitness classes for all.



GB Store - Go local

4 Polygon Street

Go Local supplies a comprehensive range of food, drink and tobacco lines, whilst achieving standards of quality, value and service. A local shop who moved from the old shops (now demolished) on Brunswick street. It also provides a local PayPoint outlet for Brunswick.



Wayne's Coffee

6 Polygon Street

Wayne's Coffee offers guests the most natural meeting place and an assortment of high-quality products. Wayne's Coffee is a place where you can meet friends, have a coffee break, read a paper and unwind in comfort.



House of Beijing

8 Polygon Street

Housing of Beijing is a traditional and authentic Chinese restaurant. Serving freshly-made Dim Sums treats, fresh seafood and traditional Beijing cuisine. Offering an Eat in restaurant, take away and delivery service.



Do you want to make a difference in your local community?

Forever Manchester is here to fund and support community activity right here in the Ardwick area.

Whether you're already involved in a local community project, have ideas for new activities or if you just want to find out more about what's happening right here on your doorstep, we're here to help.

Whatever your interests, whatever your passions, we can help you make a real difference to your local community, by turning your great ideas into reality.

If you would like to find out more, get in touch with Lisa Brown: -

Mobile: **07816 492 307** Facebook: www.facebook.com/LisaForeverManc

Email: lisab@forevermanchester.com Twitter: [@lisaforevermanc](https://twitter.com/lisaforevermanc)

I have no water (or low pressure), what should I do?

If you have no water, or your water pressure has dropped so there's only a trickle coming out of the tap, don't panic - there may be a burst pipe which is affecting your water supply.

You can check - www.unitedutilities.com/emergencies/current-incidents

If there is nothing listed for your area, please call United Utilities on **0345 672 3723** (24-hours-a-day) or live chat if this service is available (9am-7pm, Monday-Friday).

If you are an S4B tenant and it is not a water supply issue from United Utilities please call **0300 555 0128, Option 2**, 24 hours a day. We'll then make emergency arrangements for someone to attend.



Did you know, you can report a repair online?

Visit the S4B website homepage, the easy to follow diagram allows you to identify exactly where and what the problem is.

You can report the problem as soon as you know about it, no waiting for the office to open. You can even select your preferred appointment. Or send an email to - repairs@s4bmanchester.co.uk

The messages are actioned daily and you will receive your appointment confirmation.



Due a gas safety check?

Don't forget, by law we must carry one out each year. So if yours is due, we'll be in touch to arrange an appointment.

Any queries please give us a call.
T: 0300 555 0128 or
E: info@s4bmanchester.co.uk

Have you checked your heating?

With the colder months around the corner, now would be a good time to turn on your heating and check everything is working properly, if you haven't checked it already.

If you experience any problems, please let us know - **0300 555 0128**.



Nitrous Oxide

A colourless gas that people inhale, usually via a balloon. Also called Noz/Nox.

THE RISKS

Physical health risks

It is very dangerous to inhale nitrous oxide directly from the canister, and doing it in an enclosed space is also very dangerous. If you take too much nitrous oxide you risk falling unconscious and/or suffocating from the lack of oxygen. People have died this way.

Other risks include:

Dizziness, which might make you act carelessly or dangerously.

Heavy regular use of nitrous oxide can lead to a deficiency of vitamin B12 and to a form of anaemia. Severe B12 deficiency can lead to serious nerve damage, causing tingling and numbness in the fingers and toes. This can be very painful and make walking difficult.

Regular use can stop you forming white blood cells properly.

THE LAW

Class: Psychoactive Substances

This is a psychoactive drug and is covered by the 2016 Psychoactive Substances Act, which means it's illegal to give away or sell.

Supply and production can get you up to 7 years in prison, an unlimited fine or both.

Like drink-driving, driving when high is dangerous and illegal. If you're caught driving under the influence, you may receive a heavy fine, driving ban, or prison sentence.

If the police catch people supplying illegal drugs in a home, club, bar or hostel, they can potentially prosecute the landlord, club owner or any other person concerned in the management of the premises.

Additional law details

As of 2016, nitrous oxide is covered by the Psychoactive Substances Act and is illegal to supply for its psychoactive effect.

WORRIED ABOUT NITROUS OXIDE USE?

If you are worried about your use, you can **call FRANK** on **0300 1236600** for friendly, confidential advice.



Gartside Gardens FUN DAY

Saturday 17th August 2019

Here are a selection of pics from yet another successful and enjoyable annual fun day.

Got any pics of your own from the day?
Why not share them on Instagram not forgetting to tag -
@s4bmanchester, we'd love to see them.



COMING
SOON...

Ardwick Arts Festival

Thursday 5th December 2019 at 6pm
Whitworth Art Gallery, Oxford Rd, Manchester M15 6ER
Lots of art and activities for everyone

Know your Councillors



Tina Hewitson - Tel: 0161 273 1805.
cllr.t.hewitson@manchester.gov.uk



Bernard Priest - Tel: 0161 740 8407.
cllr.b.priest@manchester.gov.uk



Amna Abdullatif - Tel: 07971 384 539.
cllr.amna.abdullatif@manchester.gov.uk



FUNDING AVAILABLE FOR THOSE UNEMPLOYED IN RECEIPT OF BENEFITS
*SUBJECT TO ELIGIBILITY

TAXI DRIVER VRQ TRAINING

- FOR THOSE AGED 19+
- FOR THOSE THAT HAVE HELD A FULL UK DRIVING LICENCE FOR 12 MONTHS
- COURSES RUN FOR MINIMUM OF 5 DAYS
- LICENCE APPLICATION SUPPORT
- IN HOUSE MEDICALS & ACCOUNTANCY AVAILABLE

FUNDING AVAILABLE
*SUBJECT TO ELIGIBILITY
GET ON THE ROAD & BECOME YOUR OWN BOSS!

WWW.ANTRECLIMITED.COM / INFO@ANTRECLIMITED.COM / 0333 023 7450



A free 12 week course for jobseekers in Manchester.

Every Wednesday
18/09/19 - 11/12/19
12:30pm to 2:30pm
The Salvation Army,
71 Grosvenor St,
Manchester M13 9UB

How to join:

- Call Anees on 0161 273 2081
- anees.gill@salvationarmy.org.uk

ESOL

For Jobseekers

ALL LEVELS

Remember the three Ps - PEES, POOS and (toilet) PAPER only.



Think before you flush!

It's a shocking number, but did you know that around 1,000 homes and 6,000 gardens are affected by flooding each year? That's just in the North West.

Millions of pounds are spent on cleaning drains and sewers right across the UK because of items that shouldn't be in them. Wet wipes, cotton wool, nappies, cotton buds and dental floss are just some of the culprits.

As much as we live in a 'disposable age', it's vital that you think before you flush.

Things like wipes and nappies don't just disappear down the u-bend and dissolve - they clump together and cause havoc in the sewers.

All-too-often we see the misery caused to people when blocked sewers have caused their homes and gardens to flood.

On top of that, many of these items end up in our rivers and on our beaches, which has far-reaching impacts on nature and the environment.

It may take a little getting used to, but thinking about what you flush each time will have a fantastic ripple effect - pardon the pun! Put a bin in the bathroom so nobody's tempted to flush.

<https://www.unitedutilities.com/help-and-support/wastewater-services/thinkbeforeyouflush/>

Apprentice painter & decorator opportunity available in Brunswick.
If you're interested call into the S4B Housing Office or phone 0300 555 0128 and ask for Sharon Thomas.

Do you have a CSCS Card and are currently looking for work?

The Works will be holding an Employers event for CSCS Card holders

2nd October 2019

at The Salvation Army, 71 Grosvenor Street, Manchester M13 9UB

The Works will be registering candidates that have existing CSCS cards or any other construction qualifications to gain access to numerous vacancies on the University of Manchester Construction Projects.

If you would like to attend please call to book your place: 0161 359 3388

You will need to bring:

1. An original copy of your Right to Work document(if applicable)
2. Passport or Birth certificate(original)
3. National Insurance Number
4. In date CSCS Card
5. CV

(Please be aware that this is not a Construction Course and it is solely for people who already have an in-date CSCS card or have any other qualifications in Construction).



Speak up. Stay safe.

CrimeStoppers are an independent charity that gives people the power to speak up to stop crime.

0800 555 111 to report any crime in the area, 100% anonymously always.

To find out more or report a crime online visit the CrimeStoppers website:
Crimestopper-uk.org

COMING SOON...
Community Clean-up week and recycling week
23-29 September

See S4B Facebook and Twitter pages for more details





Join us at the new extra care

The Extra Care scheme on Brunswick Street is progressing on programme and will provide 60 apartments for older people with additional facilities including a roof garden, bistro café and well being facilities.

If you are interested in living here please register with S4B. Current residents of Elizabeth Yarwood Court are going to be moving into this new scheme which is due to be completed at the end of 2020. Register by calling **0300 555 0128**.



OLDER PEOPLE'S DAY
1st October
11am - 2pm

The Salvation Army,
71 Grosvenor Street,
Manchester
M13 9UB

LOOPER initiative brightens up one of Manchester's most congested areas

S4B has announced the completion of a mural, planters and banners on the busy Brunswick Street.

The work is part of the international LOOPER research project, in collaboration with the University of Manchester and Manchester City Council, to make improvements to one of the city's most congested areas.

LOOPER is working with communities in Brussels and Verona as well as Manchester, to design and implement improvements to public spaces that address traffic congestion, safety, air quality and green spaces.

Spanning 24 meters, the mural boasts bold colours and eye-catching images of the inner-city wildlife. It is on the hoardings of the new

60 apartment sheltered accommodation facility being built by Galliford Try Partnerships in Brunswick.

Catching eyes was the idea behind the artwork, with LOOPER developing 'new ways of decision-making that bring

together citizens, stakeholders and policy-makers'. It is hoped the mural will cause drivers to slow as they go past.

LOOPER has also temporarily introduced a 20mph zone for cars on Brunswick Street.

Qubek, the artist behind the mural, is one of Manchester's most beloved street artists, whose work often focuses on animals, and bees in particular.

For his most recent masterpiece, he found inspiration in the drawings of local children and combined this with his own iconic spray-paint style.

The local community also selected photographs of Brunswick to be displayed in a row of banners down the street. Residents were given hanging baskets to display, and the young people's art skills were once again put to the test, as their work will feature in two 'Welcome to Brunswick' signs.

S4B resident Martin Toal lives in a high rise flat just off Brunswick Street and has been involved in the project's steering group and delivery.

"I'm pleased to find a group that sought and listened to local concerns and made a difference in my neighbourhood, and glad for the multi-agency approach to problem solving," he said.

"Officials got together with local people to look for a way forward. I'm happy to be involved with something dynamic where I can make a contribution."

With another year to go, the project's next steps will be to evaluate the impacts of the changes that have been made, especially from the point of view of residents, and further improve them. By the time it ends, LOOPER will develop recommendations concerning what works at the neighbourhood level and how decisions about neighbourhoods can better involve the residents.



Don't forget... Bring in your bin! Bin collection day in Brunswick is Friday.

Please remember to bring in your bin as soon as possible after it has been emptied to prevent pavements and walkways from being obstructed.

We have had a number of reports of bins being stolen in the area and with new bins costing £25 for a grey waste bin, ensure your bin is stored off the street and marked with your address on.



We are delighted to win Silver Award status for our work to support the Ministry of Defence under their Employer Recognition Scheme.

If you know someone who has served please get in touch so we can see how we can help.

Five Years in Brunswick.

S4B has been managing Brunswick for the past five years.

To capture the changes a short film has been made showcasing the first five years of the S4B regeneration project...

Daniel Baker, contract manager said: "It really is amazing to see how far we have come in what we think is such a short time. We hope you enjoy the film as much as us... it even brought a little tear to our eye!

"A huge thank you to all our customers who have been living through the changes for their patience and understanding and hope they agree the results are more than worth it. "Here's to the next five years and beyond!"

Watch it at <https://s4bmanchester.co.uk/2019/08/s4b-five-years-on/>



Arabic	للحصول على هذه المعلومات بلغتك الرجاء الاتصال برقم الهاتف 0300 555 0128
Bangla	এই তথ্যটি আপনার ভাষায় পেতে চাইলে দয়া করে টেলিফোন করুন 0300 555 0128 এই নম্বরে।
Chinese	如欲索取這資訊以閣下語言編制的副本請致電 0300 555 0128
French	Pour recevoir ces informations dans votre langue prière d'appeler le 0300 555 0128
Somali	Si aad u hesho macluumaadkaani oo luqaddaada ku qoran fadlan wax 0300 555 0128
Turkish	Bu bilgiyi kendi dilinizde almak için lütfen 0300 555 0128 numarayı arayınız.
Urdu	یہ معلومات اپنی زبان میں حاصل کرنے کیلئے براہ مہربانی 0300 555 0128 پر فون کیجئے۔

S4B Housing Office
15 Brunswick Street Manchester M13 9SU
T: 0300 555 0128 E: Info@s4bmanchester.co.uk
W: s4bmanchester.co.uk

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