

ARMY RESERVE INSIGHT COURSE

103 Regiment Royal Artillery will be delivering an Army Reserve Regimental Insight Course, "Look at Life" for people aged 18 and over, who may be interested in the opportunities available in the Army Reserves.



8th – 10th Apr 2016

**THERE ARE MANY JOBS TO
CHOOSE FROM.**

TO SEE IF YOU'VE GOT WHAT IT TAKES TO BECOME A RESERVIST TALK TO YOUR ADVISOR TO BOOK YOUR PLACE ON THE COURSE TODAY.



jobcentreplus



103 REGIMENT ROYAL ARTILLERY

SEARCH 103REGT



PROGRAMME SUMMARY

The course will be delivered at Otterburn Training Area in Northumbria and is totally free. Travel, feeding, accommodation, and all activities will be provided free of charge.

7pm – Local pick up for participants.

- St Helens
- Aigburth, Liverpool
- Belle Vue, Manchester
- Bolton
- Wolverhampton

The weekend will be an Army Reserve Look at Life Course giving students an insight towards a career in the Army Reserves. During the weekend you will carry out activities such as;

- Team Building Tasks
- Army Assault Course
- Ice Breakers
- Fitness Assessment
- Artillery Display
- Digital Shooting Range
- Night Navigation
- Section Competition

You will be back at your drop off point around 3pm on the Sunday.

WHAT ARE THE BENEFITS?

- *£300 Sign on bonus
- *£1000 Phase 1 (completion)
- *£1000 Phase 2 (completion)
- *Additional Income
- *Annual Tax Free Bounty (£436 1st year up to £1725 after 5 years)
- *Learn a trade
- *Qualifications
- *Build Your CV
- *Standard Learning Credits
- *Pension (non-contributory)
- *Holiday leave



To find out more information please send an email to;

103RA-RRMT@MOD.UK

with your Full Name, Date of Birth, Email & Telephone Number and address. Our unit nearest to you will make contact and give you any relevant details. If you are receiving job Seekers or Universal Credit please go through your Work Coach.

ALL TYPES OF PEOPLE ARE PUTTING THEIR SPARE TIME TO BETTER USE AS ARMY RESERVISTS. BEING A RESERVIST IS AS REWARDING AS IT IS CHALLENGING. YOU WILL BE INTEGRATED WITH OUR REGULAR FORCES, DOING THINGS YOU NEVER PICTURED YOURSELF DOING, LEARNING NEW SKILLS AND MEETING PEOPLE, WHO LIKE YOU, WANT MORE FROM LIFE.



Extra Benefits of Being an Army Reservist

- Spare time job
- Learn new skills
- Gain recognised qualifications
- Build a great CV
- Extra income (£45.66/day)
- TAX free bounty (£1725 after 5 yrs.)
- Adventure Training (Snowboarding, climbing etc.)
- And much more...

**New Skills * Extra Cash * Qualifications *
New Job Opportunities * New Friends *
Sports * Adventure * Travel * Part of a
Team**

WHY HAVEN'T YOU JOINED YET?

103 Regiment Royal Artillery are an Army Reserve Regiment based here in the North West of England. With Barracks and soldiers in St Helens, Liverpool, Bolton, Manchester, Wolverhampton, we have a strong presence in some of the most important cities in this country. My soldiers come from your communities and have represented this country superbly on operations in Iraq and Afghanistan in recent years.

One area where we want to do more is working closely with our communities and building strong links between the Armed Forces and the people here in the North West, and especially so with our Youth. My soldiers are first and foremost members of your communities, but they also proudly serve their country and are superb role models for all ages. They are able to stand shoulder to shoulder with regular soldiers and more than hold their own.

We have an excellent track record of delivering fun, challenging, interesting and rewarding events to Colleges, Charities, Youth Organisations and Religious Groups here in the North West. My soldiers are keen to reinvest back into the communities that they come from some of the skills and lessons they have learned in the Army.

Commanding Officer 103 Regt RA
Lieutenant Colonel L Forbes



103 Regiment Royal Artillery Insight Courses are a great provider of experience based teambuilding, leadership, problem solving and personal development activity programmes, setting people on the right path. A "Look at Life" experience seeks to empower people through hands-on experiences, combining activity based adventure, challenge and fun. We have worked closely with the Job Centre Plus teams to give people the best possible chance of starting or getting back into employment.

The aim of the course is to reinforce the following key messages

- Provide young people with an opportunity to gain "Skills for Life" and discover more about the Army Reserves and themselves.
- Informative learning experiences for young people – Life Skills
- Outward-bound personal development activities
- Work placement programme – Get Job Ready
- Army Reserves careers advice and information sessions
- Attend an interview
- Make new friends
- Adventure

You will be issued a full kit list prior to being accepted on the course but you will need to ensure that you have the following personal items available;

- Warm Clothing
- Waterproof Jacket
- Comfortable Walking Boots
- Running Kit
- Padlock
- Washing/Shaving Kit
- Spare Clothes
- Gloves/Hat



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